

More time for me. 

Prices

Valid from December 2023

**1 Pass,
16 Fitnessparks**

Monthly payments options
for one-year passes



→ Deutsche Version



FITNESS  PARK

One-Year Passes

The price includes: 1 individual *bodymind* consultations of 60 minutes (assessment of the current health status incl. health survey, an individual training program incl. instruction of main or EGYM equipment), a maximum of 4 additional *bodymind* consultations and on-site training support.

Important security notice: For the purchase of subscriptions and single tickets, identification is required (official ID or passport with photo).

One-Year Pass Fit CHF 1270.–

12× payments CHF 112.– (1344.– a year)

Strength & endurance training,
sauna area, bathing world*

EGYM Smart Strength and Smart Flex*
childcare*

Fitnesspark@home online training

Excl. group fitness

Valid for
all 16 Fitnessparks

One-Year Pass Swiss Fit CHF 1400.–

12× payments CHF 123.– (1476.– a year)

Strength & endurance training, group fitness,
sauna area, bathing world*

EGYM+ Smart Strength and Smart Flex*
childcare*

Fitnesspark@home online training

Incl. group fitness

Valid for
all 16 Fitnessparks and
121 ACTIV FITNESS studios,
incl. water and wellness world at aquabasilea

One time purchase of chip bracelet: **CHF 10.–** | One time administration fee for monthly payments: **CHF 70.–**

Advance payment: **CHF 100.– loyalty bonus** for seamless renewal from the following year

Qualitop recognized: Ask your health insurance company for a **prevention contribution towards your one-year pass subscription.**

Single Entry CHF 39.–

Strength & endurance training, group
fitness, sauna area, bathing world*

Excl. *bodymind* consultations
(EGYM Smart Strength/Smart Flex
training program and instruction),
childcare

Incl. group fitness

Valid for
the respective Fitnesspark
If you purchase an one-year pass within
7 days, the CHF 39 will be refunded to
your membership account

10-Visit Subscription CHF 355.–

Strength & endurance training, group
fitness, sauna area, bathing world*

Valid for 3 years

Personal, non-transferable

Excl. *bodymind* consultations
(EGYM Smart Strength/Smart Flex
training program and instruction),
childcare,
Fitnesspark@home online training

Incl. group fitness

Valid for
all 16 Fitnessparks

1-Month Subscription CHF 210.–

Strength & endurance training, group
fitness, sauna area, bathing world*

Childcare*

Excl. *bodymind* consultations
(EGYM Smart Strength/Smart Flex
training program and instruction),
Fitnesspark@home online training

Incl. group fitness

Valid for
all 16 Fitnessparks and
121 ACTIV FITNESS studios,
incl. water and wellness world
at aquabasilea

*where available | All prices incl. VAT | All offers: **excl.** chargeable additional services | admission possible after the 15th birthday

Support Services | Wellness & Massages | Private SPA



Guided Training Session

Try out different equipment and learn more about the comprehensive training options, all with guidance from a fitness trainer

Reservation: fitnesspark.ch

CHF 39.-

Incl. Incl. wellness area and group fitness class

If you purchase a one-year pass within 7 days, the CHF 39 will be refunded to your membership account



bodymind Consultation

1 *bodymind* consultation, introduction, fit check, Training program and instruction to main or EGYM equipment (Smart Strength/Smart Flex)

60 min. **CHF 130.-**
excl. single entry fee

For members:
Up to 5 *bodymind* consultations are **included** in the one-year pass

Body fat measurement: CHF 5.-



Personal Training*

Toptrainer
1 on 1 support
excl. single entry fee

1 session
30 min. **CHF 70.-**
60 min. **CHF 130.-**

10 sessions
30 min. **CHF 630.-**
60 min. **CHF 1170.-**



DaySpa

Basic DaySpa

Single entry fee,
Bathrobe and sauna towel
for rent

CHF 46.-

Classic DaySpa*

Basic DaySpa and
60 min. massage

CHF 131.-



Beauty Light / Solarium*

Beauty light 100% collagen
without UV
with 30% UV
with 70% UV

Or classic solarium

CHF 1.30
per minute



Childcare*

Age: from 3 months up to
the 9th birthday.

Special opening hours:
Find out more at reception.

Entry fees: **FREE** for children
of members with one-year passes

CHF 10.-
per child with single-entry
or 10-visit subscription



Med. Massages*

1 session

30/60/90 min.

Also available as **10 sessions**

classic massage/sports massage,
Trigger point treatment, foot reflex-
ology massage, connective tissue
massage, manual lymph drainage

Prices according to location

fitnesspark.ch

- Menu → Services
- Massage

Supplementary insurance
will cover some of the costs
of medical massages.



Wellness Massages*

1 session

30 min. **CHF 60.-**
60 min. **CHF 110.-**
90 min. **CHF 155.-**

10 sessions

30 min. **CHF 540.-**
60 min. **CHF 990.-**
90 min. **CHF 1395.-**

Ayurveda Abhyanga Full body
(only Lucerne National)
120 min. **CHF 190.-**



Private SPA

For exclusive rent:
whirlpool, sauna/sanarium®,
steam bath/rhassoul,
special showers, relaxation lounge etc.

Glattpark

1-4 persons

Winterthur

2 persons

Information, prices and reservations:

- fitnesspark.ch/glattpark
- fitnesspark.ch/winterthur

* Not available in all Fitnessparks | **More information and reservations:** fitnesspark.ch > Menu > Services

Combined Offer for non-members with appointment for med. or wellness massage, personal training, etc.: **single-entry fee combined CHF 21.-** | **Massage and personal training appointments:** If you are unable to attend, please cancel up to 24 hours in advance, otherwise you will be charged | **Gift vouchers:** available at reception and in the online shop of your Fitnesspark

16 Fitnessparks with One Pass, 16-times More Variety

	Aargau Trafo	Basel Heuwaage	Bern Bern City	Bern Time-Out	Bern Oberhofen	Lucerne Allmend	Lucerne National	Zug Eichstätte	Zürich Glattpark	Zürich Milandia	Zürich Puls 5	Zürich Regensdorf	Zürich Sihcity	Zürich Stadelhofen	Zürich Stockerhof	Zürich Winterthur
Strength and cardio equipment/free weights	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
EGYM Smart Strength circle + Standalone devices open mode	✓	✓+✓	✓	✓		✓	✓	✓	✓+✓	✓	✓+✓	✓+✓	✓	✓+✓	✓+✓	✓
EGYM Smart Flex circle									✓	✓	✓	✓	✓	✓	✓	✓
SensoPro coordination training	✓	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Functional Zone/TRX®	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Vibration training						✓	✓	✓								
Comprehensive range of group courses	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Aqua-fitness classes	✓	✓		✓			✓	✓	✓	✓		✓			✓	✓
bodymind consultation/fitness-testing	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Personal Training (additional service for a fee)	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Pilates studio/reformer (additional service for a fee)						✓										
Brine bath				✓				✓							✓	✓
Jacuzzi/whirlpool/jacuzzi lounges		✓		✓	✓		✓	✓	✓	✓	✓	✓			✓	✓
Relaxation pool (R)/sport pool (S)	R/S	R		R	R/S		R	R	R	R	R	R/S			R	R
Heated outdoor pool							✓			✓		✓				
Nature pool during the summer months										✓						
Sunbathing lawn/roof terrace/outdoor terrace				✓	✓		✓		✓	✓		✓				
Mixed sauna landscape	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Sauna area exclusively for women/men	♀	♀	♀	♀	♀/♂	♀	♀/♂	♀	♀	♀	♀	♀	♀	♀	♀	♀/♂
Infusion sauna (automatic infusion/infusion ceremony)	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Dry sauna/Finnish sauna	✓	✓	✓	✓	✓	✓	✓	✓				✓	✓		✓	✓
Sanarium®/Bio sauna	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Salt lounge/salt sauna						✓	✓						✓			
Mountain herb sauna		✓	✓				♀									
Infrared sauna		✓					♂									
Eucalyptus/aroma steam bath	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Textile steam bath in the bathing area												✓				
Cold water plunge pool (C)/mist showers (M)/snow, ice (❄)		C		C	C	C/❄	C/❄	C	M		C	C		C	C	C/M
Kneipp path/Kneipp bath	✓	✓		✓	✓	✓				✓	✓					✓
Rest areas	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Med. massage (M)/physiotherapy (PH) medbase	M	M		M	M	M	M	M		M/PH	M	M		M	M	M/PH
Wellness massages			✓	✓	✓	✓	✓	✓								✓
Beauty light/solarium	✓	✓		♀	✓	✓	✓	✓		✓	✓	✓	✓	✓		✓
Bistro/take-away/drinks bar	✓	✓	✓	✓	✓		✓	✓		✓		✓			✓	✓
Range of drinks and bars	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Childcare (included in the one-year passes)	✓	✓	✓	✓	✓		✓		✓	✓		✓				✓
Private SPA for exclusive rent									✓							✓
Parking spaces (chargeable/*free)	✓	✓		✓*	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓

Aargau

Fitnesspark Trafo

Brown Boveri Platz 1 | 5400 Baden | Tel. +41 58 568 03 80

Basel

Fitnesspark Heuwaage

Steinentorberg 8 | 4051 Basel | Tel. +41 58 575 81 50

Bern

Fitnesspark Bern City

Christoffelgasse 6 | 3011 Bern | Tel. +41 58 568 05 20

Fitnesspark Oberhofen

Staatsstrasse 34 | 3653 Oberhofen | Tel. +41 58 568 42 00

Fitnesspark Time-Out

Bernstrasse 114 | 3072 Ostermundigen | Tel. +41 58 568 41 11

Lucerne

Fitnesspark Allmend

Zihlmattweg 46 | 6005 Lucerne | Tel. +41 41 360 66 91

Fitnesspark National

Haldenstrasse 23 | 6006 Lucerne | Tel. +41 41 417 02 02

Zug

Fitnesspark Eichstätte

Baarerstrasse 53 | 6300 Zug | Tel. +41 41 711 13 13

Zurich

Fitnesspark Glattpark

Thurgauerstrasse 106 | 8152 Opfikon | Tel. +41 58 568 90 00

Fitnesspark Milandia

Im Grossriet 1 | 8606 Greifensee | Tel. +41 58 568 06 33

Fitnesspark Puls 5

Giessereistrasse 18 | 8005 Zurich | Tel. +41 58 568 10 00

Fitnesspark Regensdorf

Zentrum 3 | 8105 Regensdorf | Tel. +41 58 568 90 60

Fitnesspark Sihlcity

Kalanderplatz 1 | 8045 Zurich | Tel. +41 58 568 10 30

Fitnesspark Stadelhofen

Hufgasse 10 | 8008 Zurich | Tel. +41 58 568 92 20

Fitnesspark Stockerhof

Dreikönigstrasse 31a | 8002 Zurich | Tel. +41 58 568 50 50

Fitnesspark Winterthur

Brunngasse 4 | 8400 Winterthur | Tel. +41 58 568 43 70



**1 Pass,
16 Fitnessparks**

With the one-year pass
«Swiss Fit»: access to
137 fitness studios all
over Switzerland!

The current price list is an integral part of the House rules.

Fitnesspark is a brand of the company
movemi AG

Thurgauerstrasse 32 | 8050 Zurich

Zurich, December 2023,

Prices and offer subject to change.

FITNESS  **PARK**

Opening hours

for training, bathing and saunas,
childcare and on public holidays:

fitnesspark.ch → Menu → Park

