

ANGEBOTSSÜBERSICHT



	Aarau	Bern	Biel Elite	Biel Bözingen	Burgdorf	Köniz	Olten	Schönbühl	Solothurn	Thun Bahnhof	Thun Panorama-Center	Hallenbad Oberhofen	Time-Out Ostermündigen	Trafo Baden	Aarau	Bern	Solothurn	Bern Brünnen
Cardio-/Ausdauertraining	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
HIIT-Geräte		✓							✓					✓				✓
Krafttraining	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Elektronische Kraftgeräte (4E Geräte, Millon)	✓		✓	✓	✓			✓		✓	✓		✓					
Freie Gewichte	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Functional Fitness Zone	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Group Fitness (Only Fitness Cyberrobics®)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Indoor Cycling	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Five Rücken und Gelenkkonzept	✓	✓				✓												
Sensopro®- Koordinationstraining									✓				✓	✓				
Personal Training*	✓	✓	✓	✓	✓	✓		✓	✓			✓	✓	✓				✓
Sauna	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓				✓
Damen Sauna	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓				✓
Dampfbad	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓				✓
Tepidarium				✓		✓	✓		✓		✓							
Kneipp Becken												✓	✓	✓				✓
Massage*	✓	✓		✓		✓	✓		✓		✓	✓	✓	✓				✓
Lichttherapie*	✓			✓		✓			✓		✓	✓	✓	✓				✓
Schwimmbad												✓						✓
Solebad und/oder Entspannungsbad												✓	✓	✓				✓
Römisch-Irisch Spa*																		✓
Kidz Club/Kinderparadies	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓				
Bistro und/oder Getränkeausschank* (Heissgetränke/Eiweissshake)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓
Minigolf / Squash												✓	✓					
Parkplätze	✓		✓*	✓	✓*	✓*	✓	✓*	✓*	✓*	✓*	✓*	✓	✓*	✓*	✓*	✓*	✓*

1h kostenlos

* Kostenpflichtig